Navy Reserve Returning Warrior Workshop

Captain Andrew Turnley
Navy Representative to OSD
YRRP
(757) 282-8738

Why Returning Warrior Workshops?

- **Navy Mobilization Report (3 Oct 2007):**
  - **31,483 sailors have demobilized since 9/11**
  - **5,766 sailors are currently mobilized (835 from NRSW)**
  - **220 sailors are currently demobilizing**
- **DoD Task Force on Mental Health (2007) survey reported 36% of Reservists indicated post mobilization relationship problems.**
- **There is no standardized support in place for Sailors and their family members for reintegration and reunion.**

We built Returning Warrior Workshop (RWW) to fill that void.

Returning Warrior Workshop

Program Objectives

- **Developed by RCC SW at NOSC Phoenix**
- **Objectives**
  - **Assist members and families in identifying any immediate and potential issues**
  - **Provide resources to assist with issues**
  - **Encourage members in sharing similar experiences**
  - **Honor members and families for sacrifices endured**
  - **Engage members and families in process improvement**

o support our Reservists and their families throughou the deployment cycle and to guide eir reintegration back into their civilian and reserve li

Returning Warrior Workshop

Program Design

- **Program elements incorporated from:**
  - **British Royal Marines Trauma Risk Management**
  - **Canadian Operational Stress Injury Support Program**
  - **Dublin Trinity College Peer Mentor Program**
  - **USMC “Warrior Transitions”**
  - **“Marriage Encounters”**
- **Program Design incorporates:**
  - **Large group presentations**
  - **Small group facilitated discussions**
  - **Groups for single members and couples**
  - **Ongoing counseling support**
  - **Support organizations booths/presentations**
  - **Honoring Banquet**

RWW Agenda (Typical)

FRIDAY

1600 - 2200	Registration / Check-In

SATURDAY

0600 - 0700	Breakfast				
0700 - 0715	Introduction / Logistics / Housekeeping				
0715 - 0815	**Code of the Warrior / Warrior Transitions** CAPT (Ret) James Campbell Crystal Ba Wroom				
0830 - 0945	Telling Your Story Service Members Rhodes A & B	Telling Your Story Couples Crystal Ba Wroom			
1000 - 1045	**Difference in Crisis Relief and Well-Being: Spiritual Balance** Dr. Endel Lee Crystal Ba Wroom				
1100 - 1215	Improving the Process Service Members Rhodes A & B	Improving the Process Couples Crystal Ba Wroom			
1230 - 1330	*Working Lunch (provided)* **Introductions and Education of Benefits** Crystal Ba Wroom				
	VFW	ESGR	One Source	CA State Benefit	
1330 - 1415	**Stress Management** CDR Ed Morales, MC Crystal Ba Wroom				
1430 - 1530	Why I Want To Go Back Dr. E. Lee Rhodes A	Couples Coming Together CDR E. Suida NC Crystal Ba Wroom	Getting Specific with Family CAPT J. Bingham, CHC Rhodes B	Stress Management Q&A CDR E. Morales Toulon	
1530 - 1830	Things to do Locally				
1830 - 2100	***Banquet of Honor*** Crystal Ba Wroom				

Admin / Issues

Counseling Room

SUNDAY

0600 - 0650	**Worship Service Protestant** Rhodes A	**Worship Service Catholic** Toulin	**PT**	
0700 - 0750 Optional	*Breakfast Introductions & Education*			
0800 - 0900	**Battlemind** **IT1 Julie FitzSimons, CMSW** Crystal Ballroom			
0915 - 1015	**Why I Want To Go Back** **Dr. E. Lee** Rhodes A	**Couples Coming Together** **CDR E. Suida NC** Crystal Ballroom	**Getting Specific with Family** **CAPT J. Bingham, CHC** Rhodes B	**Stress Management Q&A** **CDR E. Morales** Toulon
1030 - 1115	**Transformational Growth** **Chaplain Terry Pletkovich / CAPT (Ret) Judy Brooks** Crystal Ballroom			
1130 - 1300	*Working Lunch (provided)* **Introductions and Education of Benefits** Crystal Ballroom			
	Closing Remarks Endorsement of orders / Check-out / Safe trip home			

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Returning Warrior Workshop

Logistics

- **Retreat format**
  - Designed to attract spouse attendance
  - Conducted away from military environment
  - Weekend serves as drill requirement
- **Workshop Program staff**
  - Speakers with subject matter expertise
  - Facilitators
  - Chaplains
- **Dedicated support staff**
  - Ongoing planning and execution
  - Onsite event management
  - Budget responsibilities
  - Orders management

Returning Warrior Workshops

Primary RC Reintegration Event

- **FY07 (3 events): 275 Military Members, 181 Family Members Total: 456**
- **FY08 (8 events): 487 Military Members, 382 Family Members Total: 869**
- **FY09 (16 events to date): 1185 Military Members (940 RC Sailors, 153 AC Sailors, 93 Other Services), 907 Family Members, 633 Facilitators) Total: 2675**
- **FY09: Six Additional Events Planned for an estimated 950 Personnel**
- **FY10: Seventeen Events Planned / Funded through July 2010**

Data As of 1 Jul